



## Peter Hess-Klangmassage

### International Training Certificate

*Heiko Schulz-Kasel*

has successfully completed the training in  
*Peter Hess-Sound Massage* and may use the professional title

**„Peter Hess-Sound Massage Practitioner“**

#### Contents of Training

- Information about singing bowls and the development of sound massage. The meaning of sound in Eastern and Western cultures
- Use of the various instruments: singing bowls, gongs, and cymbals. Personal experience of sound massage, followed by group discussion and analysis. Setting for the sound massage and goal oriented practice.
- Fundamental principles of sound massage and its effects on different energy levels: body, aura, and chakra.
- Fundamental principles underlining the effects of sound on body, mind, and soul.
- Professional and ethical guidelines.
- The limits of sound massage in the context of individual professional competence and the legal implications thereof.
- Supervised case studies.

#### Length of Course

The qualification in *Peter Hess-Sound Massage* is awarded on completion of 84 lessons (each of 45 minutes).

On successful completion of the training, participants are qualified to give competent and responsible sound massage to aid relaxation. This certificate does not entitle the holder to give professional training in *Peter Hess-Sound Massage*.

Lutz Döring-Linke  
Supervisor

Dipl.-Ing. Peter Hess  
Director, Peter Hess Institute

**data protection**